

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN  
MEAL



OPTION  
1

OPTION  
2

Cheese & Bean  
Lasagne



Margherita  
Pizza & Wedges



Vegan Lentil & Stuffing  
Pastry Roll



Vegan Bolognaise &  
Penne Pasta



Vegan Vegetable  
Nuggets & Chips



Ham & Cheese  
Pasta

Traditional Creamy  
Beef Lasagne



Roast Gammon with  
Roast Potatoes & Gravy

Sweet & Sour Chicken  
& Rice



MSC Approved Fish  
Fingers & Chips

Carrots & Peas



Broccoli



Roasted Carrots  
& Parsnips



Peas



Beans



House Tomato  
Sauce



Cheese  
Sauce



House Tomato  
Sauce



Cheese  
Sauce



Creamy  
Pesto



Ham  
Cheese

Chicken  
Egg

Ham  
Cheese

Tuna Mayo  
Cheese

Egg  
Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET  
TREATS



Blueberry  
Cookie Bar



Chocolate &  
Banana Brownie



Strawberry Yoghurt  
& Strawberry Sauce



Apple &  
Cocoa Sponge



Raspberry  
Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN MEAL</b> 	<b>OPTION 1</b> Margherita Pizza & Wedges	Vegan Sausage with Mashed Potatoes & Gravy	Vegan Cottage Pie & Gravy	Cheesy Cauliflower Pasta Bake	Tex-Mex Vegetable Fajita Wrap
	<b>OPTION 2</b> MSC Approved Salmon Pasta Bake	Pork & Beef Sausage, Mashed Potatoes & Gravy	Roast Turkey with Roast Potatoes & Gravy	Mild Caribbean Chicken Curry & Carrot Rice	MSC Approved Fish & Chips
<b>VEGGIES</b> 	Peas	Carrot & Peas	Broccoli & Cauliflower	Carrot & Mixed Salad	Baked Beans
<b>PASTA</b> 	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto
<b>FILLED ROLLS</b> 	Tuna Mayo Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

<b>SWEET TREATS</b> 	Strawberry Mousse	Oaty Apple Crumble & Custard	Original Flapjack	Chocolate & Carrot Muffin	Raspberry Jelly & Mandarins
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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN MEAL</b> 	<b>OPTION 1</b> Mixed Vegetable & Bean Fajita & Oven Baked Wedges	Vegetarian Chilli Nacho Bake & Rice	Vegan Roast Quorn Fillet With Roast Potatoes & Gravy	Baked Creamy Mac 'N' Cheese	Vegan Sausage Roll & Chips
	<b>OPTION 2</b> Quorn Dippers with Oven Baked Wedges & Tomato Ketchup	Mild Beef Chilli & Rice	Roast Chicken with Roast Potatoes & Gravy	Creamy Chicken Curry & Carrot Rice	MSC Approved Fish Fingers & Chips
<b>VEGGIES</b> 	Peas & Carrots	Sweetcorn	Broccoli & Peas	Carrot & Mixed Salad	Beans
<b>PASTA</b> 	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto
<b>FILLED ROLLS</b> 	Tuna Mayo Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

<b>SWEET TREATS</b> 	Strawberry Yoghurt & Strawberry Sauce	Mixed Berry & Apple Crumble with Custard	Orange Jelly & Mandarins	Gingerbread Squares with Custard	Garden Brownie
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